

1] INTRODUCTION OF POTENTIAL ENERGY CONCEPT

- Consider an object at rest on the floor. As long as the tail of forces exerted on it (\vec{F}_G, \vec{N}) is at the same location they do not produce work. If one shifts the object up (see fig.1) at height $y = "h"$ and leaves it free, the object will fall down to $y = 0$. The *gravitation* force on object will *produce* a *positive work* because its tail is *shifted* along its own direction by s (see Fig.1).

$$W_G = \vec{F}_G * \vec{s} = mgh \quad (1)$$

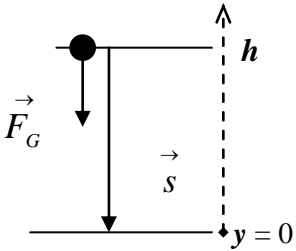


Figure 1

One can place the object at the height "h" by hand or by throwing it upward with the right initial velocity. No matter what way the *object* goes to the height "h", once there, "there is a capacity for production of mechanical work". One says that, just due to its **location**, the *object* possesses a potential mechanical energy. Actually, this *potential energy* is due to the gravitation attraction of **earth** and the **location of object vs earth**. So, when talking about potential energy, one should refer to the **configuration** of system earth - object (instead of just object location). In more general terms:

Any kind of potential energy is due to a system configuration.

-**Block- spring system.** If one extends the spring end by "x", the *restoring force* produced by the spring will

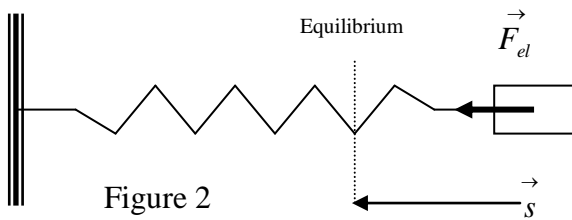


Figure 2

be directed versus the equilibrium position. If one leaves it free, when the block passes by its equilibrium position, *the elastic (or restoring) force has produced the positive work*

$$W_{el} = -(k/2)(0^2 - x^2) = kx^2/2 \quad (2)$$

If the spring is *at rest*, at its equilibrium ($x = 0$), it does not possess any capacity to provide work. But, if it is extended

or compressed ($x \neq 0$), the spring "is able" to provide work; one says that it does *possess energy*. The capacity of a spring to provide work depends only on its *configuration* (extended or compressed); so this is a *potential energy*. The two main types of *mechanical potential energy* are: *gravitational and elastic*.

- In both cases, *initially*, an external force (its source is not part of system; hand is not part of system) does a positive work W_{ext} on the *system* and shifts it from an *initial configuration* 'i' to a *final configuration* 'f'. Next, just because of being at 'f' configuration, the system can provide work and the amount of work it can produce (or its *work production capacity*) depends **only** on the *configuration* of the *system*. This means that one may calculate this capacity by use of a *configuration function*¹ $U_{conf} \equiv U$. If one refers to values of this function at *initial-final* configurations U_i and U_f and figures out that a *positive external work* W_{ext} brings the system from state 'i' to state 'f', the simplest logical relation between U and W_{ext} would be

$$W_{ext} = U_f - U_i = \Delta U \quad \text{where } U_f > U_i \quad (3)$$

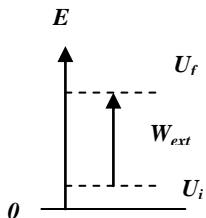


Figure 3

This relation fits perfectly with the logic that *the energy of the system increases* when an *external force* achieves *positive external work* ($W_{ext} > 0$) on it (see figure 3). Actually, this definition requires that **all the exterior work goes only for configuration changes** and **not for the change of kinetic energy** of system parts. So, the system must be shifted from the initial configuration U_i to the final configuration U_f **by keeping its kinetic energy constant** which means by a *constant speed* (in practice very slowly).

¹ Mathematical function that depends only on the location (**coordinates**) not on velocities or accelerations.

- To avoid the ambiguity related to the type of external forces, one ties the *definition of potential energy* to the **work by internal forces**. The third law tells that during system transfer from U_i to U_f , the *work by internal forces* $W_{int} = -W_{ext}$. From relation (3), one gets to the **basic definition** for *potential energy* as

$$-W_{int} = \Delta U \quad \text{or} \quad \Delta U = (U_f - U_i) = -W_{int} \quad (4)$$

- Note that the work W_{in} in relation (4) is **related to the difference** $\Delta U = U_f - U_i$ and **not on the U- values**. This means that **only ΔU has physical meaning (not U values)**. This definition for U leaves "**free choice**" for the selection of **configuration where $U = 0$** . In practice, one **fixes $U_i = 0$ to an initial configuration which makes easier the solution of the considered problem**. Next, by considering the **system shifted from $U_i = 0$ to U_f** , it comes out that $(U_f - 0) = -W_{int}$. So, to calculate the numerical value of U- function, one starts by fixing $U = 0$ to a given system configuration and then calculates the **potential energy function** as

$$U_f \equiv U = -W_{int} \quad (5)$$

To **define a potential function $U(x)$** : **Define the system; Choose a coordinative axe Ox ; Note x_0 where $U(x_0) = 0$; Calculate the work W_{int} by the internal force from x_0 till a location " x "; Use the relation (5).**

Examples: 1) **System: "object - Earth"**; Chose Oy axe directed up. Take $y = 0$ at ground level and note $U_{ground} = U(0) = 0$ (or $y = 0$ at floor level and $U_{floor} = 0$). Refer to its displacement **up** by $s = "h"$ from ground. As the **internal force** is \vec{F}_g , its work is $W_{in} = \vec{F}_g * \vec{s} = -mgh$. So, $U \equiv U_G = -W_{int} = -(-mgh) = mgh$
 2) **System "spring- block"**; one selects $U = 0$ for **spring at equilibrium ($x = 0$)** and the Hook's force is the **internal force**. Then, $W_{in}(0 \rightarrow x) = W_{elastic_force} = -k\left(\frac{x^2}{2} - \frac{0^2}{2}\right) = -k\frac{x^2}{2}$ and $U \equiv U_{elastic} = -W_{int} = k\frac{x^2}{2}$

NOTES: A **potential energy is due to the interaction between system's constituents**.

- So, *it does not make sense to talk about potential energy of a single object or particle alone*. When one says that the potential energy of an object with mass " m " at height " h " is $U_G = mgh$, actually, this means the gravitational energy U_G of the "**system object – earth**" which is due to their gravitational interaction.
- The **mechanical potential energy** is mainly due to **gravitational and restoring (elastic) forces**.
- From a general point of view, one **may define a potential energy only if the force at origin of this energy is conservative**. In the following one explains the *meaning of a conservative force*.

2] CONSERVATIVE FORCES, POTENTIAL FUNCTION, SYSTEM – DEFINITIONS

-Some forces possess a *specific quality*: their **work equals zero** whenever their tail is shifted along a **closed path** (the end point of path is the same as its initial point). These are known as **conservative forces**. Note that a *conservative force* does a **work different from zero** when its tail is shifted (fig.4) from point "1" to point "2" and when it is shifted from "2" to "1" **but $W_{2-1} = -W_{1-2}$** and it comes out that $W_{1-1} = W_{1-2} + W_{2-1} = 0$. Three main examples of such forces are the **gravitational, restorative (elastic) and static electric** forces.

-Not all the forces are conservative. The **normal** force is always **perpendicular to displacement** and its work is **always zero**, no matter what is the path. The net work by **friction** force on an object sliding on the floor is **negative** even when object is shifted along a closed path. Forces that depend on the velocity (*the drag force in fluids, the magnetic force,..*) are not conservative forces, too.

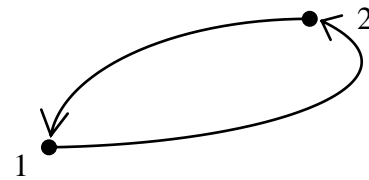


Figure 4

-In the case of a **conservative force**:

- a) If the path followed by the tail of conservative force is *not closed*, its work depends only on the *initial and final locations* of its tail and *not on the shape of the path* from initial to final location.
- b) One can define a **potential U(or potential energy)** which is a function of space coordinates.
The history of physics showed that this function is very useful for solving difficult problems.

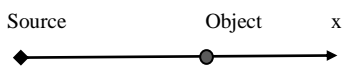
- Any force is produced by a "source" and is applied over an "object". So, formally, one may always refer to the *system source-object*. However, only if this force is **conservative**, one can *define the potential energy of the system (due to this force)* and use the *concept of system* for energy calculations.

Related Notes:

- 1-Any two or more **objects with mass** undergo their **gravitational attraction forces**. As **gravitational forces are conservative**, one may always define a *system* and a **gravitational potential energy U_G** for this *system*. If an *elastic (restoring) force* acts over one of system components, one deals with an additional conservative force. So, one can include the source of elastic force into the system and add the corresponding term U_{El} of elastic potential energy to the function of potential energy of system and it can be written as $U = U_G + U_{El}$.
- 2-If one of conservative forces of system is much larger than the others, at a first step approximation, one may consider that the potential function of system is equal to its corresponding term and neglect the smaller terms.
- 3-As **non-conservative forces cannot provide a potential function** their sources **are not part of the system**.
So, the non conservative forces are considered as external forces to the system.

3] INTERNAL FORCES. TOTAL MECHANICAL ENERGY OF AN ISOLATED SYSTEM

-If one has identified a *conservative force* and defined a simple mechanical **system** (one object & one source), the **source** of the force is *part of the system* and there is an **internal force** for this **system**. Next, one may *fix the origin of an axe Ox* at "source" of the force and align it along the direction "source - object", calculate W_{int} and get $U(x)$ expression. This *potential energy function $U(x)$* depends only on *x*-coordinate and one may show that, the **internal force** acting on the "object", is related to the *potential function $U(x)$* as follows



$$F_{int} = -\frac{dU}{dx} \tag{6}$$

Once precisely defined (math.expression and 0-value location), **$U(x)$ function** (or **PE - potential energy**) becomes a **parameter** tied to the **system**. If the "system" contains several "sources" and "objects", there are several internal forces and the *potential function* will depend on a *set of coordinates $U = U(x_1, x_2, .. y_1, y_2, .. z_1, z_2, ..)$* .

Exemple: An aeroplane with mass 'm' is flying at height 'y' from earth surface. The *gravitational force* acting on the plane (*weight*) is a *conservative force*. The **source** of the *weight* is the **earth**. One defines the **system earth-plane**, selects *Oy*-axe along vertical and fixes the *origin O* on earth surface (or its center). The potential energy of this system (we are used to call it 'potential energy of aeroplane') is $U(y) = PE = mgy$

Then, the plane weight (*internal force of system*) can be calculated by use of (6) as $F_G = F_{int} = -\frac{dU}{dy} = -mg$

The "--" sign shows that the weight direction is opposite to selected *Oy* positive direction.

-Assume that **several forces** are **applied** on an object but only one is **conservative force**. Then one *ties a frame Ox to the source* of this force, **defines a system**, and get the function of potential energy $U(x)$. The conservative force is an **internal force** for this system. If the object get shifted by displacement " Δx " under the action of all applied forces, this produces a change ΔU of potential and an amount of work $W_{int} = -\Delta U$ done by the **internal force**. Note that one can calculate the change of **kinetic energy K** of the object with respect to frame Ox by applying the theorem work-energy for the object as: $W_{net} = K_{fin} - K_{in} = \Delta K$

If one calls W_{ext} the work done by all external forces, then $W_{net} = W_{int} + W_{ext}$ and one get to the relations

$$W_{net} = W_{int} + W_{ext} = -\Delta U + W_{ext} = \Delta K \quad \text{and} \quad W_{ext} = \Delta U + \Delta K = \Delta(U + K) \tag{7}$$

If the **system is isolated** (no external forces), $W_{ext} = 0$, $\Delta(U + K) = 0$ and one gets $U + K = \text{constant}$ (8)
 So, the sum of kinetic energy K of the "object" and "its potential energy" U remains constant in time.
 In fact, the *potential energy* belongs to the object **and** the "source" of conservative force; also, the kinetic energy K of object is the same as kinetic energy of the whole system (*the frame is tied to source and $K_{source}=0$*).
 So, the sum $K + U$ presents actually the **total mechanical energy** E_{mech} (or **ME**) of the **system**.
 The expression (8) tells that, even if there are external forces, provided that their net work is zero ($W_{ext} = 0$)

$$ME = KE + PE = \text{const} \quad \text{or} \quad E_{mech} = K + U = \text{const} \quad (9)$$

The **total mechanical energy of a system is conserved if there is zero external work on it.**

4] MECANICAL ENERGY FOR NON ISOLATED SYSTEMS

How to deal with situations where *conservative and non-conservative* forces apply on the same object while it is shifted from an "initial" location to "final" location of space ?

Step_1 *Identify the conservative forces (weight, restoring,...) acting on it. Define the system constituents.*

Step_2 *Define a reference frame and a potential function for each conservative force. Define clearly the locations where each potential is zero. Take their **sum** as common **U potential** for **system**.*

Step_3 *Divide the set of all acting forces on the object into **internal** (*they contribute to total U*) and **external** (*they do not contribute to U*).*

Step_4 *Note that if there are no external forces or if they do zero work, $W_{ext} = 0$ and the total mechanical energy of the system remains constant; $E_{mech-fin} = E_{mech-in}$.*

*If the **external** forces are doing work W_{ext_net} on the object, this work will change the mechanical **energy of the system** and this change will be equal to W_{ext_net} ;*

$$\Delta E_{mech} = E_{mech_fin} - E_{mech_in} = W_{ext_net} \quad (10)$$

Notes: - If the work by *external* forces is **negative** there is a **decrease** of mechanical energy of the system.
 - Expression (10) presents the general form of the **principle of mechanical energy conservation**.
It is valid for any kind of mechanical system (*isolated $W_{ext_net} = 0$ or not isolated $W_{ext_net} \neq 0$*).

REMEMBER: *The kinetic, potential and total mechanical energies of a system are mathematical functions defined at a reference frame.*

- While the definition of kinetic energy does not need the concept of system, the **potential and total mechanical energy functions cannot be defined without** going through system definition. The values of **KE, PE, ME** functions do not have any precise physical meaning by themselves because **they depend on the choice of reference frame** (the change of reference frame changes the value of those functions). But, the **change** of those functions **has a very precise physical meaning**. It is related to **the net external work achieved on the system and this quantity does not depend on the selected frame for calculations**. This is the basic issue one must not forget when dealing with energy related problems.
- One chooses the location of *zero value for U-functions (or potential energy functions)* in such a way that makes easier the mathematical solution of the related problem.